



Understanding the commitment of the New York State Department of Education to students' health and fitness and considering the benchmarks of the Physical Education curriculum, WonderWorks developed the following lesson plans that can be performed while students test their balance and endurance on the Canyon Climb Adventure Ropes Course.

Each lesson encompasses all Physical Education strands. The Ropes Challenge Course provides a safe environment and an excellent opportunity for students to engage in a physical activity outside the school setting. We look forward to seeing you and your students' climb the 70ft tall indoor ropes course while conquering 81 different challenging obstacles in this one of a kind adventure.

